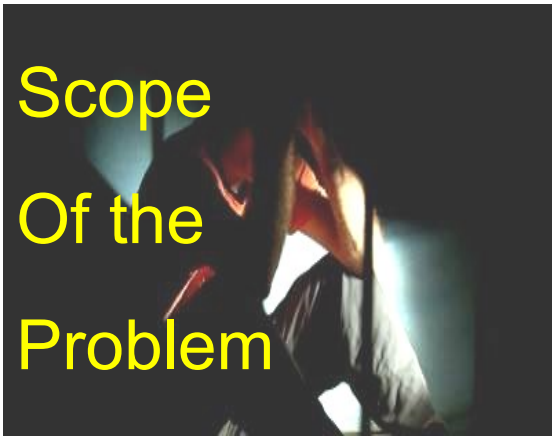




Florida Clubhouse Coalition



A Common Sense Approach To The Current Crisis In Mental Illness



Scope Of the Problem

- 1 in 4 families are affected by schizophrenia, bipolar, major depression, PTSD and other mental illnesses.
- Psychiatric illnesses comprise the largest disability group dependent on governmental benefits.
- The criminal justice system is Florida's largest treatment facility for persons living with mental illnesses.
- A significant percentage of the homeless population has untreated mental illnesses.
- 85% unemployment rate for persons living with mental illnesses. (This is the highest unemployment rate of any disability group.)

Self-empowerment & earning one's place in society

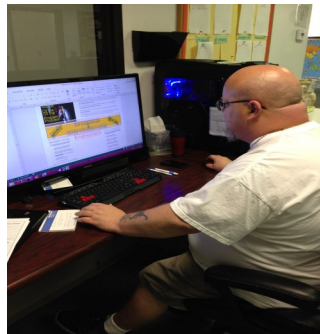
Solution *Solution*

Rehabilitation Services

- Vocational training
- Skill development
- Education & housing supports
- Job Coaches



Employment



Community Building

- Reintegration
- End to isolation
- Reduce stigma
- Social supports
- Dignity & respect





Florida Clubhouse Coalition

www.FLCLUBHOUSECOALITION.COM



"Educating The Public About People Who Live With Mental Illnesses"

What Happens at a Clubhouse?

Clubhouses are busy, cheerful places, organized around the "work-ordered day", an eight-hour period, five days a week, during which members and staff work together as equals to carry out the responsibilities involved in running the Clubhouse.

Membership is free, voluntary and life-long. Clubhouses offer critical services to help members recover and live better lives:

- **Employment opportunities for members to return to paid employment**
- **Social activities on evenings and weekends**
- **Assistance with education**
- **Support and referrals for affordable housing, mental health care and other services**
- **Outreach, such as telephone calls or visits when a member does not attend the Clubhouse**
- **Recovery through meaningful work**

Clubhouse are Cost Effective

The International Clubhouse program is recognized by SAMHSA as an evidence based program. Clubhouses have been found to cost less than any other service delivery models: one-third the cost of Individual Placement Services, about one-half the cost of community mental health centers, and substantially less than Assertive Community Treatment.¹

Clubhouses have been shown to:

- **Reduce crisis hospitalizations.** Clubhouses have been linked to a reduce number of hospitalizations. In one study, the number of hospitalizations of members was reduce by one-third and the average number of hospital days was reduced by 70%.²
- **Reduce expensive treatment of the mentally ill incarcerated.** One study found that involvement in the criminal justice system diminished substantially during and after clubhouse membership.³
- **Result in longer and higher-paid employment than more staff-intensive programs such as Assertive Community Treatment.**⁴
- **Improve members' emotional coping abilities and work-related social skills.**⁵

Where can I visit a Clubhouse?

Florida has nine Clubhouses that are open to visitors. Please call to schedule an appointment for a visit:

Club Fellowship South Miami (305)740-2420		Club SUCCESS Lakeland (863)519-0874	Foot Print to Success Clubhouse Pompano Beach (954)657- 8010	Gainesville Opportunity Center Gainesville (352)224-5523		Hope Clubhouse of SW Florida Fort Myers (239)267-1777
The Key Clubhouse South Florida Miami (305)374-5115		The Light House Inverness (352)344-2158	The Recovery Place Orlando (407)875-3700 x 2593		Sedona House Sanford (407)732-5364	



Denotes a Clubhouse International **Accredited** Clubhouse

¹ McKay, C., Yates, B. & Johnson, M. (2007). Costs of clubhouses: An international perspective. Administration and Policy in Mental Health Services Research, 34 (1) 62-72.

² Wilkinson, W. (1992) , New Day, Inc. of Spartanburg: Hospitalization Study. *Psychiatric Journal*, 16, 163-168.

³ Johnson, J. and Hickey, S. (1999). Arrests and incarcerations after psychosocial program involvement: clubhouse vs. jailhouse. *Psychiatric Rehabilitation Journal*, 23, 66-69.

⁴ Johnson, M., McKay, C., Henry, A., & Manning, T.D. (2004). What does competitive employment mean? A secondary analysis of employment approaches in the Massachusetts Employment Intervention Demonstration Project. In W. Fisher (ed) *Employment for Persons with Severe Mental Illness*, Volume 13, Research in Community and Mental Health, Oxford, UK, Elsevier.

⁵ You, E.F., Chan, C.H., Chan, A.S.F., & Chui, B.K.T. (2005). Changes in psychosocial and work-related characteristics among Clubhouse members: A preliminary report. *WORK*, 25 (4) 287-296.